

<b>Position</b>	<b>Forename</b>	<b>Surname</b>	<b>Club</b>	<b>Time</b>	<b>Cat</b>
1	Ian	LUKE	Poole Runners	41.11	m
2	Tony	WHITE	Royal Manor of Portland AC	41.22	m
3	John	OAKES	Dorset Doodlers	41.24	m50
4	Denis	MERCIERE	Poole Runners	41.30	m40
5	Ross	DIXON	Dorset Police AC	41.41	m
6	Reuben	SKINNER	Poole AC	42.01	m40
7	Nigel	ROGERSON	Poole AC	42.05	m40
8	Steve	CLAXTON	Poole Runners	42.09	m
9	Rupert	TORY	Poole Runners	42.26	m
10	Mark	PACKER	Littledown Harriers	43.04	m40
11	John	TOWNER	Poole Runners	44.38	m
12	Mike	TAYLOR	Unaffiliated	44.44	m40
13	Jamie	BOATSWAIN	Royal Manor of Portland AC	45.04	m
14	Steven	HORSLER	Unaffiliated	45.18	m40
15	Nick	HODGE	Unaffiliated	46.09	m40
16	Becky	GRIFFITH	Poole Runners	46.38	f
17	Gary	MCNAB	Unaffiliated	46.50	m
18	Ian	BARNES	Poole Runners	47.58	m60
19	Paul	THOMAS	Crewkerne RC	48.01	m
20	Joshua	HOPSON	Axe Valley Runners	48.24	m
21	Michael	TIZARD	Royal Manor of Portland AC	48.44	m40
22	Mark	GOSNEY	Yeovil Town RRC	49.06	m40
23	Robert	HAMMOND	Dorset Police AC	49.31	m40
24	Simon	ARTHUR	Egdon Heath Harriers	49.49	m
25	Steve	ROWE	Unaffiliated	50.20	m50
26	Wayne	SMITH	Royal Manor of Portland AC	50.28	m40
27	Roger	TEASDALE	Dorset Doodlers	50.33	m
28	James	DOVEY	Unaffiliated	50.36	m50
29	Dave	BROOM	Unaffiliated	50.38	m40
30	Andy	WILKINSON	Egdon Heath Harriers	50.55	m
31	Tim	TOWNSEND	Road Runners Club	51.09	m50
32	Peter	NASH	Royal Navy AC	51.12	m50
33	Andy	CANE	Unaffiliated	51.25	m40
34	Lesley	MOORE	Poole AC	52.01	f
35	David	BARNICOAT	Unaffiliated	52.16	m
36	Olivia	HETREED	Tri London	52.36	f50
37	Roy	WILLIAMS	Poole Runners	52.41	m50
38	Andy	LAWLOR	Unaffiliated	52.49	m40
39	Gary	HAYLOCK	Royal Manor of Portland AC	53.08	m40
40	Sarah	SWIFT	Poole Runners	53.29	f40
41	Carolyn	SMART	Unaffiliated	53.39	f40
42	Robert	BROWN	Poole Runners	54.02	m40
43	Lars	JANSSON	Poole Runners	55.01	m60
44	Greg	PONTING	Unaffiliated	55.08	m60
45	Paul	BARNETT	Dorset Police AC	55.14	m50
46	Geoffrey	SCOTT	Poole Runners	55.26	m60
47	Neil	RYAN	Littledown Harriers	55.43	m40
48	James	ROSEWELL	Unaffiliated	55.50	m40
49	Richard	DODGE	Yeovil Town RRC	55.52	m50

50	Hannah	COOK	Poole Runners	56.27	f
51	Howard	LEWIS	Poole Runners	57.04	m40
52	Tom	RIGBY	Royal Manor of Portland AC	57.05	m
53	Graham	THORNE	Poole Runners	57.19	m
54	Robert	ADAMS	Yeovil Town RRC	57.45	m50
55	Duncan	GARSDIE	1610	57.53	m40
56	Anne	SAUNDERS	Unaffiliated	58.14	f50
57	Lesley	NESBITT	Yeovil Town RRC	58.18	f60
58	Mel	CARROLL	Poole Runners	58.22	f40
59	Janka	HARTWELL	Dorset Police AC	58.33	f40
60	Staphanie	GADBURY	Poole AC	59.08	f
61	Barry	MITCHELL	Poole Runners	59.40	m70
62	Paul	BRICKELL	Royal Manor of Portland AC	59.46	m40
63	Jason	WOODS	Dorset Doodlers	59.55	m
64	Tamsin	HORSLER	Unaffiliated	60.08	f40
65	Lisa	CORBIN	1610	60.35	f40
66	Nick	MOWLEM	Unaffiliated	60.36	m
67	Darren	DUKES	Unaffiliated	61.30	m40
68	Jane	AUSTIN	Egdon Heath Harriers	61.32	f40
69	Caron	STEVENS	Royal Manor of Portland AC	62.14	f50
70	Annabel	BROOKS-NUNNE	Poole Runners	62.34	f
71	Mark	WAY	Poole Runners	62.38	m40
72	Judith	BOICHOT	Weymouth St Pauls	62.56	f60
73	Lily	DOHERTY	Unaffiliated	63.04	f
74	Paul	GRIFFIN	Royal Manor of Portland AC	64.22	m40
75	Richard	WILLIAMS	Royal Manor of Portland AC	65.02	m60
76	Judith	ERWEE-TOWNSEND	Road Runners Club	65.48	f50
77	Rebecca	ROWE	Unaffiliated	66.17	f
78	Bill	HICKS	Royal Manor of Portland AC	67.16	m70
79	Angela	BROWN	Poole Runners	67.29	f40
80	David	GRIMMETT	Unaffiliated	67.40	m70
81	Linda	MEMBURY	Yeovil Town RRC	68.42	f40
82	Ingrid	GILBERTSON	Unaffiliated	68.52	f40
83	Maggie	STOKES	Unaffiliated	70.15	f50
84	Steve	RICHMOND	Garstang RC	72.08	m50
85	Lucy	RICHMOND	Unaffiliated	74.06	f40
86	Susan	O_FLANAGAN	Weymouth St Pauls	74.42	f50
87	Vicky	NUTLAND	Yeovil Town RRC	76.04	f40
88	Amanda	SMART	Poole AC	77.28	f50
89	Helen	TREACHER	Royal Manor of Portland AC	87.10	f40