

	A	B	C	D	E	F	G	H	I
1	Overall Position	Bib Number	Time (mm:ss)	Tie?	Forename	Surname	Club	M/F	Base Category
2	1	187	36:06		Lee	Dempster	Lytchett Manor Striders	M	M35
3	2	190	38:48		Kevin	Drayson	Westbourne Running Club	M	M35
4	3	189	38:55		peter	doughty	Westbourne RC	M	M40
5	4	355	40:31		David	Richards	Unaffiliated	M	M40
6	5	214	40:39		Joe	Godden	Poole Runners	M	M35
7	6	120	40:48		Kevin	Barlow	Poole AC	M	M50
8	7	380	40:48		Reuben	Skinner	Poole AC	M	M45
9	8	325	40:50		Steven	Noble	Egdon Heath Harriers	M	M
10	9	474	41:11		Ed	Snook	Poole Runners	M	M
11	10	426	41:42		rupert	tory	poole runners	M	M40
12	11	140	41:52		stephen	Bridger	Purbeck Runners	M	M55
13	12	321	42:00		Hamish	Murray	Purbeck Runners	M	M65
14	13	227	42:06		Steve	Guy	Wimborne AC	M	M60
15	14	278	43:14		Patrick	Jackson	Poole Athletic Club	M	M45
16	15	282	43:20		Tim	Jones	Poole Runners	M	M40
17	16	331	43:32		Esref	Ozdemir	Poole Runners	M	M45
18	17	449	43:57		Paul	Wilding	Lytchett Manor Striders	M	M55
19	18	173	43:58		John	Cook	Egdon Heath Harriers	M	M60
20	19	450	44:04		Anna	Wiles	Royal manor of Portland ac	F	F
21	20	243	44:31		Gary	Harvey	Maiden Newton Runners	M	M
22	21	409	44:42		Karoly	Szabo		M	M45
23	22	416	44:46		Thomas	Tedds		M	M35
24	23	198	44:47		Brian	Fields	Egdon Heath Harriers	M	M50
25	24	150	44:57		Anton	Burns	unaffiliated	M	M50
26	25	430	45:07		Nick	Turner		M	M
27	26	308	45:08		Neil	Masterman	Poole Athletic Club	M	M45
28	27	304	45:09		KERRY	MAPP	Wimborne	M	M55
29	28	167	45:19		Matthew	Coggins	Purbeck Runners	M	M35
30	29	284	45:22		Mike	Jurd	Wimborne A C	M	M55
31	30	238	45:30		Mark	Harris		M	M45
32	31	263	45:34		Dale	holland	Poole runners	M	M40
33	32	484	45:37		Becky	Rendell	Poole Athletic Club	F	F
34	33	154	45:38		Guy	Carter-Richardo		M	M
35	34	364	45:43		Sam	Rose		M	M
36	35	193	45:46		Sarah	Ellis	Westbourne Running Club	F	F45
37	36	483	45:46		Darryl	Corbin-Jones	Westbourne	M	M35
38	37	161	45:47		Steve	Claxton	Poole Runners	M	M40
39	38	215	45:52		Ross	Godfree	Egdon Heath Harriers	M	M35
40	39	461	45:55		Marcus	Woolley		M	M45
41	40	272	46:03		Andy	Howse	Poole Runners	M	M50
42	41	396	46:12		james	starrett	Egdon Heath Harriers	M	M40
43	42	397	46:16		Brett	Stevens	Poole Athletic Club	M	M
44	43	262	46:20		Nick	Hodge		M	M50
45	44	134	46:24		Seweryn	Blazynski		M	M35
46	45	494	46:35		Mark	Brown	Dorchester RIOT	M	M50
47	46	230	46:38		Charlotte	Halford	Purbeck Runners	F	F35
48	47	159	46:41		David	Child	Westbourne Running Club	M	M60
49	48	476	46:42		Xose	Alvarez		M	M40
50	49	121	46:54		ian	Barnes	poole runners	M	M70
51	50	329	46:55		Mark	Ormonde	Lytchett Manor Striders	M	M40
52	51	258	46:57		Paul	Hilton	Lytchett Manor Striders	M	M40
53	52	492	47:02		Steve	Connolly	Swindon Harriers	M	M65
54	53	323	47:07		David	Neal	Poole	M	M60
55	54	124	47:09		Jamie	Barrington	Egdon Heath Harriers	M	MJ
56	55	359	47:11		Matt	Robbins	Poole Runners	M	M40
57	56	423	47:13		Gary	Tissington	Poole Athletic Club	M	M35
58	57	395	47:15		caroline	stanzel	Poole Runners	F	F35

	A	B	C	D	E	F	G	H	I
1	Overall Position	Bib Number	Time (mm:ss)	Tie?	Forename	Surname	Club	M/F	Base Category
59	58	290	47:22		Rob	Kirkpatrick	Dorchester R.I.O.T	M	M35
60	59	270	47:29		Peter	Howlett	Lytchett Manor Striders	M	M50
61	60	231	47:35		John	Hall	Lonely Goat RC	M	M45
62	61	385	47:40		Philip	Snarey		M	M35
63	62	376	47:44		Sharon	Shaw	Poole Runners	F	F45
64	63	402	47:46		Jamie	Stockton		M	M45
65	64	400	47:47		Sharon	Stewart		F	F45
66	65	407	47:49		Jonathan	Stuart	Wool Human Energy	M	M45
67	66	319	47:50		daniel	molyneaux	Poole Runners	M	M
68	67	291	47:57		Hannah	Knijff		F	F40
69	68	257	48:11		Graham	Hill		M	M45
70	69	297	48:12		Dave	Lindsay	Lonely Goat RC	M	M55
71	70	207	48:13		Darrell	Froud	Poole Runners	M	M
72	71	122	48:25		Anna	Barratt		F	F
73	72	229	48:26		Lorna	Haines	Purbeck runners	F	F55
74	73	123	48:42		Zoe	Barrett	Poole Runners	F	F
75	74	478	48:43		Colin	White		M	M50
76	75	244	48:52		Kevin	Harvey		M	M
77	76	378	49:04		Izabela	Shylock	Poole runners	F	F35
78	77	199	49:33		Graham	Filmer	Poole Athletic Club	M	M55
79	78	213	49:38		Christopher	Gilham	Blandford Forum	M	M40
80	79	324	49:47		Jane	Neal	Poole	F	F60
81	80	408	50:03		Sarah	Swift	Poole Runners	F	F45
82	81	223	50:08		Matt	Gridley		M	M35
83	82	413	50:19		Jonathan	Tattersall		M	M
84	83	287	50:27		Jim	Kenderdine	Royal Manor Of Portland AC	M	M45
85	84	216	50:29		Alexander	Goff		M	M
86	85	160	50:36		Alan	Clasby	Poole Runners	M	M65
87	86	373	50:38		Anthony	Sayers		M	M70
88	87	226	50:47		Alison	Gunn	Poole Runners	F	F
89	88	418	50:51		Andrew	Thomas	NONE	M	M55
90	89	201	50:54		Jon	Foot	Tripurbeck	M	M60
91	90	338	50:55		Geoff	Parrott	Westbourne Running Club	M	M70
92	91	348	51:06		Christopher	Prior	Egdon Heath Harriers	M	M
93	92	446	51:12		GRAHAM	WHIFFEN	Wimborne Ac	M	M50
94	93	250	51:16		David	Heath	Poole Runners	M	M65
95	94	438	51:34		Paul	viney	Poole runners	M	M50
96	95	429	51:42		Kevin	Trowbridge	Westbourne rC	M	M45
97	96	206	51:45		Keith	Fraser	Poole Runners	M	M65
98	97	119	51:51		Ian	bandy		M	M60
99	98	253	51:57		Olivia	Hetreed	Egdon Heath Harriers	F	F55
100	99	470	52:15		Chris	Wilkins		M	M35
101	100	295	52:17		Liz	Lewis	Royal manor of Portland AC	F	F45
102	101	495	52:26		Barbara	Murray	Purbeck Runners	F	F60
103	102	330	52:29		Chris	Owens		M	M55
104	103	425	52:32		Michael	Tizard	Royal Manor Of Portland AC	M	M50
105	104	463	52:35		Steven	Wort		M	M55
106	105	486	52:42		Steven	Brett	Lonely Goat RC	M	M45
107	106	168	52:44		Stephen	Cole	Lychett manor striders	M	M60
108	107	412	52:54		simon	Tandy	Royal Manor of Portland Ath	M	M50
109	108	437	52:59		Hayley	Vincent		F	F35
110	109	142	53:13		Tim	Brodie James	Lonely Goat RC	M	M50
111	110	453	53:14		Mike	Williams		M	M35
112	111	281	53:17		Rona	Jones	Poole AC	F	F45
113	112	181	53:19		Emily	Cox	Poole Runners	F	F
114	113	339	53:23		Zoe	Pattison	Purbeck Runners	F	F
115	114	431	53:24		Karen	Turton	Littledown Harriers R.C	F	F55

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116	115	301	53:25		Maureen	Lucas	Lonely Goat RC	F	F55
117	116	236	53:31		Holly	Harris	Dorchester R.I.O.T	F	F55
118	117	237	53:31		Graham	Harris	Dorchester RIOT	M	M55
119	118	388	53:39		Chris	Sparkes	Littletdown Harriers Running	M	M50
120	119	279	53:42		Richard	James		M	M50
121	120	386	53:54		Andy	Sorton	Poole Runners	M	M45
122	121	313	54:03		Russell	Mhonda		M	M
123	122	255	54:11		Sandra	Hewson	Westbourne Running Club	F	F45
124	123	444	54:12		Mark	Way	runblandford	M	M50
125	124	212	54:19		stuart	gilbert		M	M55
126	125	170	54:33		Tracey	Colquhoun	Purbeck Runners	F	F55
127	126	136	54:34		Simon	Bliss		M	M50
128	127	352	54:46		Daron	Reddyhoff		M	M45
129	128	165	54:51		Stuart	Codling		M	M45
130	129	462	54:54		Jeffrey	Woolley	No club	M	M55
131	130	261	55:00		Megan	Hocking	Poole Runners	F	FJ
132	131	269	55:02		Julia	Howlett	Lytchett Manor Striders	F	F45
133	132	434	55:04		Ian	Underwood		M	M65
134	133	383	55:17		Jason	Smith		M	M40
135	134	309	55:19		Diana	McGrail		F	F45
136	135	358	55:20		David	Ritchie	Poole Athletic Club	M	M55
137	136	115	55:22		J	Asher		M	M50
138	137	105	55:23		Tish	Alberry	Purbeck Runners	F	F55
139	138	421	55:24		Elle	Tisch		F	F40
140	139	110	55:25		Penny	Alvis		F	F55
141	140	312	55:28		Kelly	Meates		F	F35
142	141	228	55:31		Phil	Haddrell	WSPH	M	M50
143	142	390	55:31		Beccy	Spicer	Purbeck Runners	F	F40
144	143	210	55:38		Andrew	Geldard	RMPAC	M	M35
145	144	346	55:42		tracey	price	Westbourne Running Club	F	F55
146	145	267	55:50		Steven	Horsler	Dorchester R.I.O.T	M	M50
147	146	271	56:01		Claudia	Howse	Poole Runners	F	F50
148	147	275	56:03		David	Hunter	Royal Manor of Portland AC	M	M45
149	148	292	56:11		Gary	Last	Royal manor of Portland AC	M	M35
150	149	232	56:24		Nicola	Hall	Lonely Goat RC	F	F45
151	150	186	56:32		Mark	Davis		M	M50
152	151	147	56:33		steve	buller	poole ac	M	M50
153	152	441	56:34		Laura	Waddilove	RM Portland	F	F
154	153	448	56:54		David	Wild	Wimborne AC	M	M70
155	154	164	56:47		Stuart	Cochran		M	M45
156	155	266	56:53		Tamsin	Horsler	Dorchester RIOT	F	F50
157	156	314	56:59		Matthew	Miller		M	M45
158	157	356	57:00		Helen	Richards	Lytchett Manor Striders	F	F45
159	158	220	57:01		Stephanie	Green	Poole Runners	F	F
160	159	432	57:04		Gary	Tyler	Poole AC	M	M45
161	160	343	57:12		Brian	Pettis		M	M60
162	161	477	57:15		Lorraine	White		F	F50
163	162	458	57:20		Edward	Wingate-Gray		M	M
164	163	394	57:21		Brian	Stanford		M	M65
165	164	347	57:22		Darren	Price	New Forest Runners	M	M45
166	165	469	57:23		Alan	Neal		M	M65
167	166	268	57:26		Laura	Horswill	Poole ac	F	F
168	167	294	57:27		paula	lawton-archer	Purbeck Runners	F	F50
169	168	177	57:34		Rob	Coppin	Egdon Heath Harriers	M	M65
170	169	204	57:37		Robert	Frampton	Poole Runners	M	M55
171	170	163	57:39		Joanne	Cleall	Poole Runners	F	F
172	171	192	57:49		Darren	Dukes	Egdon Heath Harriers	M	M50

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173	172	264	57:52		jo	holland	runblandford	F	F40
174	173	368	57:55		David	Rustell	Lytchett Manor Striders	M	M55
175	174	357	57:58		Vanya	Ritchie	Poole Athletic Club	F	F55
176	175	149	57:59		Linda	Burn	Little down Harriers	F	F65
177	176	350	58:03		Nicki	Ream	Poole runners	F	F45
178	177	298	58:04		Diane	Lonsdale		F	F40
179	178	482	58:08		Andrew	Staples	Maiden Newton Runners	M	M60
180	179	108	58:16		Mike	Allington		M	M40
181	180	459	58:22		Stephanie	Woods		F	F
182	181	202	58:37		Graham	Foster		M	M35
183	182	367	58:39		Shaun	Runyard	RMPAC	M	M50
184	183	489	58:41		Cathy	Veale	Purbeck Runners	F	F55
185	184	415	58:50		Brian	Taylor		M	M60
186	185	277	58:52		Sharon	Ives	Purbeck Runners	F	F55
187	186	370	58:52		Gill	Sadler	Purbeck Runners	F	F55
188	187	487	58:53		Scott	Rowland	Oakdale Runners	M	M40
189	188	342	58:58		Alice	Perrett	Weymouth St Pauls Harriers	F	F
190	189	178	59:11		Mary	Corrigan	Littledown Harriers R.C	F	F55
191	190	194	59:21		Mary	Ellis		F	F55
192	191	424	59:22		Jonathan	Tite		M	M35
193	192	422	59:39		Gavin	Tisch		M	M70
194	193	406	59:44		james	storey	Poole Athletic Club	M	M70
195	194	452	59:54		Sadie	Williams	Royal manor of Portland AC	F	F35
196	195	354	60:05		Kerry	Reynolds	Royal Manor Of Portland At	F	F
197	196	222	60:06		Clive	Grewcock		M	M60
198	197	392	60:13		Suzanne	Spicer		F	F50
199	198	260	60:21		Ian	Hitching	Poole AC	M	M50
200	199	111	60:25		Kelly	Amos	Poole Runners	F	F
201	200	182	60:34		Hilary	Craig	Poole runners	F	F45
202	201	208	60:37		Ross	Galpin		M	M
203	202	334	60:42		Ginny	Palmer		F	F45
204	203	246	60:49		Lyn	Hatchett	Totton RC	F	F40
205	204	179	60:55		John	Corrigan	Littledown Harriers Running	M	M55
206	205	363	60:59		Shaun	Rooney		M	M55
207	206	114	61:19		Marian	Arnott-Weeks	Royal Manor of Portland AC	F	F70
208	207	113	61:20		Micala	Angel		F	F
209	208	468	61:24		Jodie	Bell		F	F35
210	209	473	61:27		Ben	Bunnell		M	M55
211	210	118	61:31		Carol	Baker	Hamworthy Harriers	F	F60
212	211	360	61:34		Steve	Roberts		M	M45
213	212	138	61:38		Belinda	Bolar	Purbeck Runners	F	F45
214	213	254	62:00		Debbie S	Hewitt	Egdon Heath Harriers	F	F50
215	214	433	62:06		Amanda	Underwood	Royal manor of Portland AC	F	F50
216	215	366	62:06		emma	runyard	Royal manor of Portland AC	F	F50
217	216	404	62:13		Maggie	Stokes	Westbourne Running Club	F	F55
218	217	293	62:34		Faye	Law	Poole Runners	F	F35
219	218	451	62:44		Tony	Williams	Purbeck Runners	M	M70
220	219	379	62:46		Gary	Simmons		M	M55
221	220	387	62:49		Grant	Spann	Weymouth St Paul's Harrier	M	M45
222	221	440	62:50		Ceri	Vosper	Square and Compass	F	F55
223	222	419	62:53		Megan	Thompson	Poole Runners	F	F
224	223	288	62:58		Wendy	Kennedy	Wimborne A C	F	F55
225	224	447	63:06		Denise	Wilcox		F	F65
226	225	240	63:19		Tracie	Harrison	Vegan runners	F	F50
227	226	372	63:26		Geoff	Scott	Poole Runners	M	M65
228	227	327	63:27		Rachel	Old		F	F40
229	228	127	63:27		Kate	Beatt		F	F

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230	229	151	63:28		Rose	Bygrave		F	F60
231	230	365	63:29		diane	ruffle	Bournemouth Joggers	F	F60
232	231	333	63:36		Tracey	Palmer		F	F50
233	232	200	63:41		Eve	Filmer	Poole Athletic Club	F	F55
234	233	235	63:58		Andrew	Hardy		M	M45
235	234	326	63:59		Louise	Obern	Wool Human Energy	F	F
236	235	224	64:01		martin	grimsdale	Purbeck Runners	M	M60
237	236	464	64:03		Lizzy	Yates	Purbeck Runners	F	F60
238	237	336	64:17		Nathan	Parker	Na	M	M40
239	238	344	64:24		Neil	Pinch	North Dorset Tri Club	M	M40
240	239	117	64:26		David	Baird	Team rocket	M	M45
241	240	157	64:30		Zodwa	Chasokela	Purbeck Runners	F	F60
242	241	340	64:33		Josephine	Peasland	100 Marathon Club	F	F45
243	242	233	64:36		Alison	Hardy	UKRunChat	F	F45
244	243	317	64:37		Tina	Mills	Totton RC	F	F60
245	244	466	64:38		Kerry	Bartlett		F	F
246	245	393	64:49		Rab	Spurway	Purbeck Runners	M	M55
247	246	169	64:49		Sarah	Colquhoun	Purbeck Runners	F	F50
248	247	493	64:50		Abigail	Baker	Purbeck Runners	F	F
249	248	203	64:52		Joan	Fox	Bournemouth Joggers	F	F70
250	249	280	65:00		Alison	Jenkins	COSARC	F	F55
251	250	455	65:01		Felicity	Williams	Poole Runners	F	F35
252	251	389	65:03		Alison	Sperring	Dorset Police Athletic Sectio	F	F50
253	252	283	65:26		Clare	Julyan		F	F45
254	253	135	65:28		Julie	Bliss	Poole Athletic Club	F	F50
255	254	252	65:53		Trevor	Hendes	Wool Human Energy	M	M35
256	255	218	65:53		Daniel	Grady Crewes		M	M
257	256	490	65:59		Catherine	Midgley	Poole Athletic Club	F	F50
258	257	328	66:16		Alison	ONEILL		F	F50
259	258	320	66:24		Harriet	Mountjoy		F	F45
260	259	442	66:31		Josie	Warr	Dorchester RIOT	F	F35
261	260	399	66:32		Alexandra	Stevens	Littledown Harriers Running	F	F55
262	261	398	66:32		Julian	Stevens	Christchurch Runners	M	M55
263	262	239	66:39		Rebecca	Harrison	Poole Runners	F	F
264	263	315	66:52		andrew	mills	Poole Athletic Club	M	M60
265	264	305	66:54		Ron	Margetts		M	M65
266	265	155	66:55		Jessica	Chambers	Royal Manor of Portland AC	F	F50
267	266	131	66:56		Sandra	Bessant	runblandford	F	F55
268	267	351	66:56		Sally	Reay	runblandford	F	F60
269	268	106	67:17		Charlotte	Alford	Wool Human Energy	F	F
270	269	107	67:19		Trudy	Allen	Purbeck Runners	F	F40
271	270	217	67:21		Julie	Gosling	Wimborne AC	F	F60
272	271	467	67:29		Claire	McDermott	Purbeck Runners	F	F50
273	272	332	67:41		Carrie	Packer		F	F40
274	273	485	67:44		Simon	Trueick		M	M50
275	274	219	67:44		Ray	Graham	Run Happy Dorset	M	M55
276	275	417	67:52		Mike	Terry	Littledown Harriers R.C	M	M65
277	276	144	67:54		Bonnie	Brown	Purbeck Runners	F	F65
278	277	191	67:59		Clare	Druce	Poole Runners	F	F40
279	278	414	68:10		Samantha	Taylor		F	F45
280	279	410	68:14		Laszlo	Takacs		M	M35
281	280	480	68:18		Brian	Murison	Dorset Dodderers	M	M70
282	281	248	68:22		Brian	Haughey		M	M65
283	282	465	68:43		JEAN	YOUNG		F	F50
284	283	162	68:48		hannah	claxton	RunBlandford	F	F35
285	284	481	68:49		Anna	Hayball		F	F40
286	285	391	68:56		neil	spicer		M	M55

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287	286	103	69:05		Tanya	Adams	Human Energy AC	F	F
288	287	195	69:14		Jane	England	Runblandford	F	F50
289	288	457	69:15		Debbie	Wiltshire	Dorchester RIOT	F	F60
290	289	316	69:32		Trisha	Mills	Poole Athletic Club	F	F60
291	290	382	69:38		Lisa	Smith	Lordshill Road Runners Clu	F	F45
292	291	479	69:52		Michael	Chant	Littledown Harriers	M	M60
293	292	299	70:16		Jacqueline	Lowe	Poole AC	F	F60
294	293	371	70:17		Maria	Salamon-Betlej	Bournemouth	F	F35
295	294	276	70:23		Nuala	Irven	Poole Athletic Club	F	F50
296	295	274	70:28		Mandy	Hunter	Pulse	F	F50
297	296	411	70:28		Hazel	Tandy	Royal Manor of Portland Att	F	F50
298	297	496	70:32		Kate	Bonfield	Wool Human Energy	F	F50
299	298	211	70:32		Rachel	Gibbs		F	F50
300	299	176	70:38		Fiona	Cope	None	F	F50
301	300	259	70:54		Gemma	Hitchens	Lonely Goat RC	F	F35
302	301	101	70:57		Tim	Abberley	Lonely Goat RC	M	M60
303	302	133	71:35		Tracey	Blake	Poole Athletic Club	F	F45
304	303	472	71:35		Kas	Wikins		F	F40
305	304	172	71:38		Anne	Constable		F	F45
306	305	152	71:40		Robert	Campbell smith	poole runners	M	M50
307	306	171	71:40		Joanne	Coney Lax	Poole Runners	F	F35
308	307	188	71:45		Karen	Dormer Woolley	Purbeck Runners	F	F55
309	308	166	71:48		Julie	Codling		F	F45
310	309	205	71:56		Paul	Francis		M	M40
311	310	456	72:29		Mark	Willis	Poole Athletic Club	M	M
312	311	306	72:29		Hannah	Marsh	Poole Athletic Club	F	F
313	312	256	73:02		William	Hicks	Royal Manor of Portland Att	F	F75
314	313	300	73:02		Gordon	Lowe	poole AC	M	M60
315	314	209	73:16		Grace	Galton	Poole A/C	F	F40
316	315	156	73:18		Jane	Chandler	Poole Runners	F	F60
317	316	234	73:30		Ellie	Hardy		F	FJ
318	317	197	73:44		Elaine	Everson		F	F55
319	318	102	74:14		Catherine	Abery-Williams	Egdon Heath Harriers	F	F45
320	319	337	74:53		Fleur	Parker	Egdon Heath Harriers	F	F40
321	320	420	74:54		Alison	Thompson	Egdon Heath Harriers	F	F45
322	321	428	75:08		Jenny	Tripney	None	F	F40
323	322	196	75:32		Leah	Evans	Poole Runners	F	F
324	323	488	75:48		Stacey	Howlett	Lytchett Manor Striders	F	F
325	324	475	76:28		Maria	Lago		F	F35
326	325	381	76:50		Amanda	Smart	Lonely Goat RC	F	F55
327	326	471	77:19		Jane	Wilkins		F	F65
328	327	148	78:04		tracey	burch	Purbeck Runners	F	F40
329	328	307	78:09		Sarah	Martin	Poole Runners	F	F35
330	329	183	78:10		Matt	Crake	pirate ship of fools	M	M40
331	330	427	78:56		Helen	Treacher	Royal Manor of Portland AC	F	F50
332	331	435	79:11		Kelly	Underwood		F	F35
333	332	128	79:11		PHILIP	BENHAM	Lonely Goat RC	M	M55
334	333	285	79:47		Alisa	Karnatz	Poole Athletic Club	F	F
335	334	286	79:54		Claire	Karnatz	Poole Athletic Club	F	F60
336	335	341	80:11		Lizzie	Peck	None	F	F55
337	336	349	81:04		Louise	Quinney		F	F55
338	337	405	81:06		Diane	Storey	Poole Athletic Club	F	F65
339	338	146	82:59		Liz	Brown	Gillingham Trotters	F	F55
340	339	109	83:46		Mark	Allwood	Dorchester R.I.O.T	M	M55
341	340	132	84:14		Helen	Bird	Bournemouth Joggers	F	F40
342	341	289	87:15		Mike	King	Lonely Goat RC	M	M70
343	342	491	96:18		Christopher	Hayman	Egdon Heath Harriers	M	M55