



# EGDON EASY 2026

ARC Race permit: ARC/26/0516

## COURSE

The course remains the same since 2022 and is simpler than you might think. From the start, head out to the giant traffic cone who marks the start of the loops, then complete 1 short loop and 2 long loops before you head back to the finish. A copy of the route can be viewed on [Garmin Connect](#). There will be a ~50 minute cut off for runners to complete the first of the 2 longer loops (approx. 3.4 miles) – which will be exercised of the discretion of the tail runners.



## PARKING

Please use Lodmoor Car Park DT4 7SX, where parking is free from 18:00. Council toilets are available until 19:00. There are also limited facilities within the changing rooms of Coastland College (formerly Weymouth College) Community Sports Centre. **Please do not park in the coned off area of the college carpark.**

## REGISTRATION

Registration at Coastland College Community Sports Centre, DT4 7TL, will open at 17:30. You need to pick up your running number and pins before the race briefing at 18:50 at the start in the adjacent Car Park. These will not be posted out in advance. Registration can be accessed via reception & heading down the stairs, or by the doors from the corner of the college carpark. On-the-day entry will be available if we have space available up to 20 minutes before the race starts, but only via our website – **we will not be handling cash on the evening.**

We encourage you to bring your own race clips or safety pins, but will have a limited number available.

Please fill in relevant medical details on the rear of the race number. Do not run if you are not fit and well on the night. If you are unable to run, please see the website for details of how to defer, transfer or request a (partial) refund. We are very accommodating, so nobody has any excuse for running whilst unwell or for wearing somebody else's number. Deferrals and refunds are possible up to 5 days before the event, transfers can be carried out up to 48 hours before the event (but it may not be possible to provide the requested sized t-shirt).

The race is chip-timed so, subject to reliable internet connections, your (provisional) results will appear magically online as soon as you cross the line. First, Second and Third Men and Ladies will be based on race order, but other awards will be determined on chip times.

### **BAG STORAGE**

You are welcome to leave your bag in Race HQ (at owner's risk), otherwise as parking in Lodmoor Car Park is only around the corner, your car may offer a safe alternative.

### **START/FINISH AREA**

The start/finish area is restricted to COMPETITORS ONLY, please. Please do not cross the timing mats except at the start and finish of the race (your finish time will be the last time you cross the line so it is not in your interest to re-cross!)

### **RACING**

This is a clockwise course so please KEEP RIGHT except when overtaking. Please note that the section after Overcombe Carpark (~approx 4 and 7.5km) is quite narrow, so if you need to overtake do so on the left, and with consideration of the those you are overtaking. EA 'bone-conducting' earphones are acceptable, all other types of headphones are banned as they may impede the ability to hear marshal instructions or be aware of any nearby traffic and may result in disqualification. The course is not suitable for those wishing to run with dogs or buggies.

### **WATER**

The water station will be passed twice on the course. There will also be water in the start/finish area once you have completed the event. Marshals will be able to fill collapsable cups if you are carrying one, otherwise cups will be provided.

### **RUBBISH**

Please do not jettison anything around the course except at the designated collection points at the start and adjacent to the water station.

### **OTHER PEOPLE ON THE COURSE**

Please also be aware of others using the public footpaths and cycleways who are not taking part in the race and behave safely and courteously. The marshals will warn other users, but they have no authority to control or restrict them.

### **RESULTS AND PRIZES**

Live results should be available at <https://www.timingmonkey.co.uk/> and linked through the race page on <https://www.egdonheathharriers.com/>

The prize presentation will be held as soon as possible after 20:00. We are aware that many runners want to get away at the end of the race so will try hard not delay the presentations.

### **T SHIRT**

If you paid for a T shirt you will be able to collect it at the finish. The size you ordered will be marked on your running number. We will endeavour to supply the size requested at the time of entering.

### **MEDALS**

All race finishers are entitled to collect a finishers medal.